Team	Club	Time	Place
Master Mens W1 5k			
Mike Hickson	Waitakere	00:28:45:16	1st
Marty Fox	Taniwha	00:28:45:16	2nd
Tame Tane	Manukau	00:30:47:55	3rd
Max Butler	Ivialiukau	00:31:58:12	OT
Tom Nathan	Manukau	00:32:10:31	4th
Ken Gilbert	Taniwha	00:32:10:31	5th
Steve Harris	Waitakere	00:33:19:81	6th
Danny Kaiawe	Manukau	00:34:28:18	DQ
Clarke Warren	Taniwha	00:34:20:18	7th
Mohi Pakinga	Waitakere	00:36:25:60	8th
Mike Mann	Taniwha		9th
Master Mens W1 5k	1 di liwi id	00:38:52:97	901
	Dupuka Maana	00:07:40:04	1.04
Gavin Clarke	Pupuke Moana	00:27:46:21	1st
Lee Poimafiti	Manukau	00:28:59:70	2nd
Cherokee Dolan	Waitakere	00:29:02:78	3rd
John Papali'l	Pineula	00:29:59:60	4th
Jean Tetohu	Waitakere	00:30:06:95	5th
Nga Tiputoa	Cook Island	00:30:21:05	6th
Sean Phillips	Cook Island	00:30:32:47	7th
Martin Helleur	Waitakere	00:30:42:26	8th
Steve Haronga	Manukau	00:31:12:65	9th
Sonny Lemalu	Orakei	00:32:08:18	10th
Epeli Prescott	Cook Island	00:32:10:31	DQ
Daniel Warren	Tamaki	00:32:29:08	11th
Brian Roche	Orakei	00:32:55:35	12th
Junior Taifinofu Junior 19 Mens W1 5k	Manukau	00:33:49:51	13th
		00.07.40.04	4.1
Tukutahi Happy	Waitakere	00:27:46:21	1st
BJ Perkins	Waitakere	00:27:46:21	2nd
Junior 19 Mens W2 5k			A .
Meihana & Quincy	Waitakere	00:27:46:21	1st
Open Mens W2 5k			
William C & Ezra P	Manukau	00:27:00:66	1st
Peter & Andrew	Waitakere	00:27:46:21	2nd
Taki Rua	Cook Island	00:28:24:19	3rd
Steve Tapa & David Tai	Orakei	00:29:45:93	4th
Mixed W2 5k			
Mayhem (Katrina & Joh	rPineula	00:29:43:31	1st
Robert & Inia	Pineula	00:35:20:45	2nd
Glen & Claire Perry	Waitakere	00:40:23:60	3rd
Junior 16 Women W1	5k		
Tamara Panapa	Waitakere	00:39:34:74	1st
Aroha Tamihere	Waitakere	00:41:53:30	2nd
Master Women W1 5k			
Maria Tetohu	Waitakere	00:38:14:56	1st

AROCA 10k Series - Pakuranga - Maraetai 12 June 2004

Melanie Rei	Tamaki	00:38:14:56	2nd			
Lianne Reaburn	Waitakere	00:39:14:59	3rd			
Open Women W1 5k						
Leanne Haronga	Manukau	00:30:44:35	1st			
Bernie Murch	Manukau	00:30:51:03	2nd			
Heidie Verhagen	Manukau	00:32:25:18	3rd			
Jeanne Barrett	Lanakila	00:33:32:80	OT			
Katrina Pucher	Pineula	00:36:22:00	5th			
Seida Tureia	Pineula	00:37:47:34	DQ			
Junior 16 Women W2 5k						
Grace & Ashley	Waitakere	00:36:22:00	1st			
Open Women W2 5k						
Aroha & Inia	Pineula	00:33:21:70	1st			
Fiona & Toni	Orakei	00:34:47:22	2nd			
Double H	Taniwha	00:37:59:95	3rd			
Master Women W6 10		00101100100				
Dad's Master Women	Pineula	00:59:41:70	1st			
Tamaki Cruzers MARU	Tamaki	01:01:43:26	2nd			
Poeparau	Cook Island	01:02:40:22	3rd			
Tamaki Cruzers HAER		01:03:46:80	4th			
Open Women W6 10k		01100110100				
Team Synergy	Manukau	00:55:57:16	1st			
Waka Mama's	Waitakere	00:56:53:23	2nd			
Vairua o te Onu	Orakei	01:01:41:00	3rd			
Te Wahine Manea	Cook Island	01:03:41:75	4th			
Master Men W6 10k						
Grizzlies White	Taniwha	00:49:32:05	1st			
Vaka Manu Masters	Manukau	00:52:21:15	2nd			
MIB	Taniwha	00:53:12:45	3rd			
Gringos	Waitakere	00:56:07:01	4th			
XS	Te Paerangi	00:58:54:02	5th			
Open Men W6 10k	<u> </u>					
Young Gunz	Pupuke Moana	00:47:38:81	1st			
Team West	Waitakere	00:48:07:74	2nd			
Vaka Manu	Manukau	00:48:21:15	3rd			
Hauraki Phantoms	Hauraki Sports	00:48:31:70	4th			
Team Poutiri	Taniwha	00:50:40:32	5th			
Kaipapa	Taniwha	00:51:15:71	6th			
2 Muuch	Waitakere	00:51:35:76	7th			
Tuaporo-oro	Cook Islands	00:51:45:32	8th			
Hauraki Lightning	Hauraki Sports	00:52:45:32	9th			
A'arua	Orakei	00:52:30:92	10th			
Rebelz	Tamaki	00:54:09:36	11th			
Tu Whakaiti	Te Paerangi	00:58:54:71	12th			
Mixed W6 10k						
F1	Pineula	00:25:38:64	1st			
Prada	Waitakere	00:25:49:13	2nd			
Oracle	Waitakere	00:26:59:00	3rd			
Oro Moana	Cook Island	00:28:21:10	4th			
Alinghi	Waitakere	00:26:59:00	5th			

Maroro Toa	Orakei	00:29:05:16	7th		
J16 Men W6 5k					
Nga Tama Koi	Portage Crossing	00:29:57:55	1st		
J16 Women W6 5k					
Tumanako e Ko	Waitakere	00:29:55:56	1st		
J19 Women W6 5k					
Gapt It	Waitakere	00:29:14:48	1st		
Kei Nga Whetu	Te Paerangi	00:33:05:85	2nd		
Novice Women W6 5k					
Wahine Toa	Waitakere	00:33:00:32	1st		
Wahine Moana	Portage Crossing	00:35:41:36	2nd		
Kotahi Tatou	Portage Crossing	00:36:04:18	3rd		
Novice Mixed W6 5k					
Condor	Manukau	00:30:38:36	1st		