

AROCA 10 k Series - Orakei Results - 7 August 2004

	W1 Open Mens 5k	Club	Time
1	Jean Tetohu	Waitakere	33.24
2	Martin Helleur	Waitakere	33.28
3	Owen Pauu	Hauraki	34.07
4	Doug Ahnne	Hauraki	34.27
5	John Lafaele	Pineula	46.11
	Dave Tai	Orakei	dnf
	W1 Master Mens 5k		
1	Marty Fox	Taniwha	37.25
	W2 Open Mens 5k		
1	Peter & Andrew	Waitakere	31.35
2	Byron & Glen	Waitakere	32.27
	W6 Open Womens 10k		
	Vairua o te Onu	Orakei Water Sports	dnf
	Speed	Pakuranga	dnf
	W6 Open Mens 10k		
1	Young Guns	Pupuke Moana	52.03
2	Lightning	Hauraki	55.07
3	Moana Va'a	Pakuranga	1.05.13
	W6 Master Mens 10k		
1	Grizzlies White	Taniwha	52.01
2	Gringos	Waitakere	57.26
3	MIB	Taniwha	57.43
	W1 Open Womens 5k		
1	Katrina Pucher	Pineula	45.24
	W1 Master Womens 5k		
1	Lianne Reaburn	Waitakere	42.39
2	Maria Tetohu	Waitakere	48.27
	W2 Open Womens 5k		
1	Lynette & Roanna	Orakei	37.37
2	Inia & Dianne	Pineula	41.20
	W2 Open Mixed 5k		
1	Katrina & John	Pineula	34.09
2	Inia & Robert	Pineula	38.05