

## Manukau 10k 4 September 2004

	<b>Master Women W6 10k</b>	<b>Club</b>	<b>Time</b>
1	Cruzers Maru	Tamaki	51:05:00
	<b>Open Women W6 10k</b>		
2	Waka Mamas	Waitakere	45:13:00
	<b>Open Mens W1 5k</b>		
1	Brent Whitcombe	Waitakere	26:34:62
2	John Papalii	Cook Islands	27:11:50
3	Cherokee Dolan	Waitakere	27:47:07
4	Martin Helleur	Waitakere	28:09:40
5	Nga Tiputoa	Cook Islands	28:13:33
6	Tukutahi Happy	Waitakere	28:53:80
7	Lightning ??	Hauraki	29:44:08
8	Leon Collison	Manukau	29:55:47
9	Malaki Tuioetou	Hauraki	30:43:29
	<b>Masters Mens W1 5k</b>		
1	Vance Winiata	Rangaunu	25:48:34
2	Mike Hickson	Waitakere	27:39:88
3	Tim Tapsell	Pakuranga	28:22:36
4	Martin Fox	Taniwha	28:28:10
5	Danny Kaiawe	Manukau	28:55:01
6	Tame Tane	Manukau	29:09:61
	<b>Open Mens W2 5k</b>		
1	Peter & Tony	Pupuke Moana	26:17:25
2	Peter & Andrew	Waitakere	26:31:08
3	Glen & Byron	Waitakere	26:35:96
	<b>Master Mens W6 10k</b>		
1	Grizzlies White	Taniwha	40:29:20
2	Te Hao	Te Toki	42:01:31
3	MIB	Taniwha	42:01:62
4	Grizzlies Gold	Taniwha	42:21:07
5	Gringos	Waitakere	44:52:93
	<b>Open Mens W6 10k</b>		
1	Team West	Waitakere	39:41:39
2	Us & Them	Manukau	39:49:18
3	Young Gunz	Pupuke Moana	41:19:60
4	Wheturere	Taniwha	41:30:32
5	Tupaoro-oro	Cook Islands	41:33:93
6	Lightning	Hauraki	43:07:18
7	2 Muuch	Waitakere	43:42:27
8	Mako	Hauraki	44:22:81
	<b>J16 Women W1 5k</b>		
1	Tamara Panapa	Waitakere	32:57:00
	<b>Master Women W1 5k</b>		
1	Lianne Reaburn	Waitakere	32:52:00
2	Liz Tane	Tamaki	33:20:00
3	Maria Tetohu	Waitakere	33:21:00

4	Sugar Te Paa	Taniwha	34:04:00
5	Te Atairehia Thompson	Waitakere	34:36:00
<b>Open Women W2 5k</b>			
1	Gilly & Rai	Tamaki	31:31:00
2	Miria & Tuppy	Cook Islands	31:52:00
<b>J19 Women W6 5k</b>			
1	Gapt It	Waitakere	27:31:24
<b>Novice Women W6 5k</b>			
1	Vaka Siale	Manukau	29:13:99
<b>Novice Mixed W6 5k</b>			
1	Waimarino	Tamaki	27:43:37