

NZ Regional Waka Ama Sprint Champs

On 24/25 February 2007, 4 weeks after the Club Nationals, Nga Kaihoe o Aotearoa (NKOA) will be holding a Regional Nationals competition – the Super 6.

This event will not have any relevance to selections for the 2008 World Sprints.

In this competition, each region will be represented by 2 teams per division in the following events:

- W6 500 metres (no turns)
- W6 1000 or 1500 metres (depending on age division)
- W6 500 metres pursuit event (with turns)
- W12 500 metres

The divisions will be

- J16 women and men
- J19 women and men
- Open women and men
- Master women and men
- Senior master women and men
- Golden master women and men

The age requirements for each division are the same as those for the Club Nationals

NKOA has left it to each region to decide on the selection process for those teams representing their region. Te Puku O Te Ika will be implementing the following:

Selection Process

- Any paddlers interested in representing our region will trial on 21 October 2006 (Labour Weekend) at Lake Okareka.
- Seniors will do a ruddered W1 time trial over a 300m distance
- Juniors will do a time trial in a W6 over a 250m distance. There will only be the trialist and a steerer in the waka. The steerer will only correct direction by poking.
- There will be a \$20 non-refundable fee for all trialists.
- After these time trials there will be a cut of paddlers to squads. Squads will have approximately 20 paddlers per age division, except for Golden Masters which will have up to a maximum of 9.
- The first cut for junior paddlers will be made on 21 October and those selected for the squad will remain in Rotorua for a training camp on 22/23 October
- A list of those senior paddlers who have successfully made the squads will be posted on the NKOA waka ama website by 28 October.
- These time trials will not be the only factor taken into consideration for the final selections.

- We also need to ensure that we have:
 - Competent strokes
 - Seat 2 paddlers with good off-side timing
 - Good steerers
 - Good callers
 - Paddlers who are not disruptive to team dynamics
 - Technically competent paddlers in the seats responsible for turning
- If a choice has to be made between paddlers, of equal technical ability, for the same seat then the time trial will be the deciding factor. However, paddlers being disruptive to crews will not be tolerated.
- At the last camp, there will be a final cut to competition crews for each division. There will be 2 crews per division plus reserves.
- The decision on cuts to the squad and final crews will be made by Howard Hyland, Sid Smith and Corrina Gage

Camps

- All paddlers who make the squad will attend camps
- Camps will be held in Rotorua
- There will be a junior camp at Labour weekend on the 22/23 October, as well as the time trials on Saturday 21 October.
- There will be camps for the junior and senior women, combined, on November 4/5 and 10/11 Feb
- There will be camps for the junior and senior men, combined, on 16/17 December and 27/28 January.
- Senior paddlers will be expected to attend training sessions on Saturday and Sunday plus an off-water session and group dinner on Saturday evening.
- Junior paddlers will be expected to attend all the daytime training sessions at every camp. Attendance at Saturday evening dinners has been avoided in an effort to keep costs down for whanau.

Costs

- All trialists will pay a \$20 non-refundable fee
- Fees for camps will cover administration costs, waka hireage, lane set-up, safety boats, morning and afternoon teas, Saturday dinner and venue hireage.
- Lunch is not included. So paddlers must bring their own lunch to the lake.
- Accommodation is not included. So paddlers must organize their own accommodation.
- Junior paddlers will pay \$25 per camp. This does not cover Saturday dinner which juniors are not expected to attend.
- Senior paddlers will pay \$50 per camp.

Management

- There will be a Coaching Team that will include:
 - Howard Hyland

- Sid Smith
- Corrina Gage
- There will be more people on the Coaching Team by October
- Ngawiki Burns (Tauranga) will be the Communications Coordinator – responsible for communicating information to club reps and then team managers.
- Helen Messenger (Rotorua) will be the Venue Coordinator

Any queries in regard to juniors should be directed to:
Howard Hyland, 027 213 0986.

Any queries in regard to seniors should be directed to:
Corrina Gage, 021 494 050.