



## PADDLE SUMMER 2008

V1 | V2 | OC1 | OC2 | SURF-SKI | KAYAK | STANDUP

### KIA ORA EVERYONE!

Introducing "Hoe Toa", in Māori meaning paddle courageously or paddle bravely (like a warrior). It's a one-man, two-man, kayak, stand-up and surf-ski series for summer for 2008/2009.

We'd like to know if you would like to participate in this race series. Please fill out our [survey](http://www.whakarongo.com) or comment on <http://www.whakarongo.com>.

If we receive enough positive responses (at least 50 positive) we will go ahead and organise this race with volunteers and any sponsors who want to be a part of it.

We will make a decision on 18<sup>th</sup> November at Vaka Eiva, so please get your feedback in by 12<sup>th</sup> November 2008.

### EVENT RACE DETAILS:

Races are planned on days when there aren't any races in the wakaama.co.nz calendar, so this leaves:

Race	When	Where	Distance
Race 1	Sun 21st December 2008	TBC	5km short 12km long
Race 2	Sat/Sun 25th/26th 2009	TBC	8km short 18km long
Race 3	Sat/Sun 1st/2nd Feb 2009	TBC	11km short 24km long

We are thinking that the good option is to have one race at Narrowneck in Auckland, but we are not sure on the other locations.

The aim is to build up paddler's fitness for the Takapuna Beach Cup, Bo Herbert's race, Bhutty's race and other races.

### **SHORT COURSE/LONG COURSE**

- Junior paddlers who are under 18 years of age will do short course unless approved by the race officials for long course.
- Casual paddlers who just want to have a cool race or maybe getting back into fitness can start short course at 5k and make their way up to 11km.
- Serious paddlers (eg train more than 3/4 times a week) and want to build their performance fitness start at 12km and build up to 24km.

The course will be run upwind and downwind (not side-wind all the way there and all the way back). The aim is to make sure paddlers get experience in all water types.

*NOTE: Our New Zealand distances are very far behind other countries such as Tahiti and Hawaii, so to be competitive we need to ensure paddlers are getting their base strong. Distance will also improve sprint performance.*

### **SPONSORS**

We don't have any sponsors except ourselves. We'd like to know if you or a friend might like to sponsor some prizes, paddles, anything that you think paddlers might need. Please contact [kingi@whakarongo.com](mailto:kingi@whakarongo.com) to see how we can help support our paddlers and make it a choice event.

Areas for sponsorship:

- Sausage Sizzle - sausages, BBQ machine, bread, onions, sauce
- Race T-Shirts
- Petrol or Gift Vouchers for support boat drivers
- Hats, cups, spoons, airfares, drinks, fruit, apples
- Paddles, drink systems, sunblock, gel packs and supplements

## PRIZES

Prizes for race champions and series champions would be donated from sponsors. At the moment we can offer the winner a free trip to McDonald's for a Big Mac combo, so we need some help getting these together.

## RACE SHIRTS

We'd like to give the series winner a yellow jersey like they do in 'Tahiti Super Aito' and for the 'Tour de France'. Paddlers get a real choice piece of memorabilia. If you know anyone who can sponsor our race tops that would be awesome. Entry categories must have more than 15 entries to qualify for coloured race tops.

- MENS WAKA AMA OVERALL
- WOMEN WAKA AMA OVERALL
- MENS SURFSKI OVERALL
- WOMENS SURFSKI OVERALL
- MENS KAYAK OVERALL
- WOMENS KAYAK OVERALL
- MENS STANDUP PADDLE OVERALL
- WOMENS STANDUP PADDLE OVERALL



## RACE PRICE:

We need to pay for support boats to make sure all the safety is covered. The race price is broken down as follows per person per race:

Safety Boats & Gas:	\$15
<u>Race Numbers/Admin:</u>	<u>\$15</u>
<b>TOTAL</b>	<b>\$30</b>

*Plus*

NKOA Registration*:	\$5
Race T-Shirt:	\$25 (to be confirmed)

*\*Note: if you are already a member of NKOA the NKOA fee is waived. If you are not a member of NKOA you only have to pay this once.*

**SUPPORT BOATS:**

We need two support boat drivers per 50 paddlers. A boat must at least be able to take one busted two-man and its two paddlers back to shore. If we get 50 paddlers we can pay you their entry fee, that's \$325 each on the day. Obviously if we are short of paddlers before the Friday we won't go ahead with the race. If we get 75 or more paddlers we add a support boat per 25 paddlers.

**SAFETY & RULES:**

All paddlers will have to sign a waiver, have spare paddle, life flotation device, have an emergency contact phone number, their own proof of insurance and have their allocated number on their canoe. We do this to make sure that if you get into trouble we can call someone and you are looked after properly.

**RACE TIME:**

Races will start at 11:00am on the race day. Check-in closes at 10:30am - if you miss that time you can still register before 10:45am but you have to pay a fee of \$5 - very last check in is at 10:45am. This is done to encourage people to be on-time and will be strictly enforced, otherwise we risk annoying volunteers and helpers who come for free.

**FACILITATORS/ORGANISERS:**

King Gilbert & Phil Briars

[kingi@whakarongo.com](mailto:kingi@whakarongo.com) at 09 486 1598 (from Monday 3 November)

Please contact us if you are able to help in anyway with sponsorship, prizes, BBQ sizzle or support boats. Remember to fill out the [survey](#)

Kia ora & thank you



A Race Series for New Zealand Summer