



# **BUOY 2 BUOY**

## **Intermediate W1 Series #1**

**ENTRY FEE: 1 Easter Egg  
(under \$5)**

**Date:** Friday 10 April 09

**Registration:** 9.30am

**Safety Check:** 9.30-9.45am

**Karakia / Debrief:** 9.45am

**Race Start:** 10.00am

**Venue:** Lake Pupuke (Canoe Club)

**Hosts:** Taniwha Womens Squad



**3km Course**

## RACE:

1. Paddlers must complete a 3km red buoy course (NB: course will be shortened if weather & distance proves difficult).
2. Flag start
3. Lead escort W1 will have a flashing red light.
4. All 4 buoys must be turned (ama side).

NB: Adults are welcome to escort competitors on waka, but must paddle on the left-hand inside of the course (ie red buoys will always be on their right handside).

## SAFETY RULES:

1. To participate every paddler must wear a **High Vis waistvest** (these can be purchased from the 2 dollarshop or The Warehouse). Please ensure there is ample room for a lifejacket to be worn underneath.
2. A **lifejacket** must be worn at ALL times. There will be jackets available. If you have your own please bring.
3. Bailer & spare paddle must be carried on the waka. No bailer required for sit on top waka.

*Please ensure warm clothing is worn. Uniforms not compulsory as these will be hidden by the safety equipment.*

Register Name & Club of paddlers to Sugar by 11.59pm Wed 8 April 09, [sugart@xtra.co.nz](mailto:sugart@xtra.co.nz)

