



SCHEDULE - DAY 1

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Mon, 14 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
001	Mid Women - W12 250	Heat	1 / 3	10:30 AM	
002	Mid Men - W6 250	Heat	1 / 5	10:43 AM	
003	Mid Men - W6 250	Heat	2 / 5	10:53 AM	
004	Mid Women - W12 250	Heat	2 / 3	11:03 AM	
005	Mid Men - W6 250	Heat	3 / 5	11:16 AM	
006	Mid Men - W6 250	Heat	4 / 5	11:26 AM	
007	Mid Women - W12 250	Heat	3 / 3	11:36 AM	See Race 023
008	Mid Men - W6 250	Heat	5 / 5	11:49 AM	See Race 018
009	Mid Women - W6 250	Heat	1 / 5	11:59 AM	
010	Mid Men - W12 250	Heat	1 / 4	12:09 PM	
011	Mid Women - W6 250	Heat	2 / 5	12:22 PM	
012	Mid Men - W12 250	Heat	2 / 4	12:32 PM	
013	Mid Women - W6 250	Heat	3 / 5	12:45 PM	
014	Mid Men - W12 250	Heat	3 / 4	12:55 PM	
015	Mid Women - W6 250	Heat	4 / 5	1:08 PM	
016	Mid Men - W12 250	Heat	4 / 4	1:18 PM	See Race 027
017	Mid Women - W6 250	Heat	5 / 5	1:31 PM	See Race 020
018	Mid Men - W6 250	Cup Semi	1 / 2	1:41 PM	
019	Mid Men - W6 250	Cup Semi	2 / 2	1:51 PM	See Race 022
020	Mid Women - W6 250	Cup Semi	1 / 2	2:01 PM	
021	Mid Women - W6 250	Cup Semi	2 / 2	2:11 PM	See Race 026
022	Mid Men - W6 250	Champ Semi	1 / 2	2:21 PM	
023	Mid Women - W12 250	Champ Semi	1 / 2	2:31 PM	
024	Mid Men - W6 250	Champ Semi	2 / 2	2:44 PM	See Race 037
025	Mid Women - W12 250	Champ Semi	2 / 2	2:54 PM	See Race 072
026	Mid Women - W6 250	Champ Semi	1 / 2	3:07 PM	
027	Mid Men - W12 250	Cup Semi	1 / 2	3:17 PM	
028	Mid Women - W6 250	Champ Semi	2 / 2	3:30 PM	See Race 041
029	Mid Men - W12 250	Cup Semi	2 / 2	3:40 PM	See Race 051



SCHEDULE - DAY 2

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Tue, 15 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
030	Int Women - W12 500	Heat	1 / 4	8:00 AM	
031	J16 Men - W6 500	Heat	1 / 4	8:08 AM	
032	J16 Men - W6 500	Heat	2 / 4	8:14 AM	
033	Int Women - W12 500	Heat	2 / 4	8:20 AM	
034	J16 Men - W6 500	Heat	3 / 4	8:28 AM	
035	J16 Men - W6 500	Heat	4 / 4	8:34 AM	See Race 076
036	Int Women - W12 500	Heat	3 / 4	8:40 AM	
037	Mid Men - W6 250	Plate Final		8:48 AM	See Race 039
038	Int Women - W12 500	Heat	4 / 4	8:58 AM	See Race 111
039	Mid Men - W6 250	Cup Final		9:06 AM	See Race 044
040	Int Men - W12 500	Heat	1 / 4	9:16 AM	
041	Mid Women - W6 250	Plate Final		9:24 AM	See Race 042
042	Mid Women - W6 250	Cup Final		9:34 AM	See Race 045
043	Int Men - W12 500	Heat	2 / 4	9:44 AM	
044	Mid Men - W6 250	Champ Final		9:52 AM	
045	Mid Women - W6 250	Champ Final		10:02 AM	
046	Int Men - W12 500	Heat	3 / 4	10:12 AM	
047	J16 Women - W6 500	Heat	1 / 4	10:20 AM	
048	Int Men - W12 500	Heat	4 / 4	10:26 AM	See Race 097
049	J16 Women - W6 500	Heat	2 / 4	10:34 AM	
050	J16 Women - W6 500	Heat	3 / 4	10:40 AM	
051	Mid Men - W12 250	Champ Semi	1 / 2	10:46 AM	
052	J16 Women - W6 500	Heat	4 / 4	10:59 AM	See Race 073
053	Mid Men - W12 250	Champ Semi	2 / 2	11:05 AM	See Race 056
054	Int Men - W6 500	Heat	1 / 5	11:18 AM	
055	Int Men - W6 500	Heat	2 / 5	11:26 AM	
056	Mid Men - W12 250	Cup Final		11:34 AM	See Race 075
057	Int Men - W6 500	Heat	3 / 5	11:47 AM	
058	Int Men - W6 500	Heat	4 / 5	11:55 AM	
059	J16 Women - W12 500	Heat	1 / 2	12:03 PM	
060	Int Men - W6 500	Heat	5 / 5	12:09 PM	See Race 070
061	J16 Women - W12 500	Heat	2 / 2	12:17 PM	See Race 089
062	Int Women - W6 500	Heat	1 / 5	12:23 PM	
063	Int Women - W6 500	Heat	2 / 5	12:31 PM	
064	J16 Men - W12 500	Heat	1 / 3	12:39 PM	
065	Int Women - W6 500	Heat	3 / 5	12:45 PM	
066	J16 Men - W12 500	Heat	2 / 3	12:53 PM	
067	Int Women - W6 500	Heat	4 / 5	12:59 PM	
068	Int Women - W6 500	Heat	5 / 5	1:07 PM	See Race 079
069	J16 Men - W12 500	Heat	3 / 3	1:15 PM	See Race 083
070	Int Men - W6 500	Semi	1 / 2	1:21 PM	
071	Int Men - W6 500	Semi	2 / 2	1:29 PM	See Race 115
072	Mid Women - W12 250	Cup Final		1:37 PM	See Race 078



SCHEDULE - DAY 2

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Tue, 15 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
073	J16 Women - W6 500	Semi	1 / 2	1:50 PM	
074	J16 Women - W6 500	Semi	2 / 2	1:56 PM	See Race 117
075	Mid Men - W12 250	Champ Final		2:02 PM	
076	J16 Men - W6 500	Semi	1 / 2	2:15 PM	
077	J16 Men - W6 500	Semi	2 / 2	2:21 PM	See Race 104
078	Mid Women - W12 250	Champ Final		2:27 PM	
079	Int Women - W6 500	Semi	1 / 2	2:40 PM	
080	Int Women - W6 500	Semi	2 / 2	2:48 PM	See Race 081



SCHEDULE - DAY 3

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Wed, 16 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
081	Int Women - W6 500	Final		8:00 AM	
082	Int Men - W6 500 (Turn)	Heat	1 / 7	8:08 AM	
083	J16 Men - W12 500	Semi	1 / 2	8:15 AM	
084	Int Men - W6 500 (Turn)	Heat	2 / 7	8:21 AM	
085	Int Men - W6 500 (Turn)	Heat	3 / 7	8:28 AM	
086	J16 Men - W12 500	Semi	2 / 2	8:35 AM	See Race 094
087	Int Men - W6 500 (Turn)	Heat	4 / 7	8:41 AM	
088	Int Men - W6 500 (Turn)	Heat	5 / 7	8:48 AM	
089	J16 Women - W12 500	Final		8:55 AM	
090	Int Men - W6 500 (Turn)	Heat	6 / 7	9:01 AM	
091	Int Men - W6 500 (Turn)	Heat	7 / 7	9:08 AM	See Race 123
092	Int Women - W6 500 (Turn)	Heat	1 / 7	9:15 AM	
093	Int Women - W6 500 (Turn)	Heat	2 / 7	9:22 AM	
094	J16 Men - W12 500	Final		9:29 AM	
095	Int Women - W6 500 (Turn)	Heat	3 / 7	9:35 AM	
096	Int Women - W6 500 (Turn)	Heat	4 / 7	9:42 AM	
097	Int Men - W12 500	Semi	1 / 2	9:49 AM	
098	Int Women - W6 500 (Turn)	Heat	5 / 7	9:57 AM	
099	Int Women - W6 500 (Turn)	Heat	6 / 7	10:04 AM	
100	Int Women - W6 500 (Turn)	Heat	7 / 7	10:11 AM	See Race 120
101	Int Men - W12 500	Semi	2 / 2	10:18 AM	See Race 107
102	J16 Women - W6 1000	Heat	1 / 6	10:26 AM	
103	J16 Women - W6 1000	Heat	2 / 6	10:35 AM	
104	J16 Men - W6 500	Final		10:44 AM	
105	J16 Women - W6 1000	Heat	3 / 6	10:50 AM	
106	J16 Women - W6 1000	Heat	4 / 6	10:59 AM	
107	Int Men - W12 500	Final		11:08 AM	
108	J16 Women - W6 1000	Heat	5 / 6	11:16 AM	
109	J16 Women - W6 1000	Heat	6 / 6	11:25 AM	See Race 125
110	J16 Men - W6 1000	Heat	1 / 6	11:34 AM	
111	Int Women - W12 500	Semi	1 / 2	11:43 AM	
112	J16 Men - W6 1000	Heat	2 / 6	11:51 AM	
113	Int Women - W12 500	Semi	2 / 2	12:00 PM	See Race 133
114	J16 Men - W6 1000	Heat	3 / 6	12:08 PM	
115	Int Men - W6 500	Final		12:17 PM	
116	J16 Men - W6 1000	Heat	4 / 6	12:25 PM	
117	J16 Women - W6 500	Final		12:34 PM	
118	J16 Men - W6 1000	Heat	5 / 6	12:40 PM	
119	J16 Men - W6 1000	Heat	6 / 6	12:49 PM	See Race 127
120	Int Women - W6 500 (Turn)	Semi	1 / 2	12:58 PM	
121	Corporate Race W12 500m	St. Final		1:05 PM	
122	Int Women - W6 500 (Turn)	Semi	2 / 2	1:15 PM	See Race 129
123	Int Men - W6 500 (Turn)	Semi	1 / 2	1:22 PM	



SCHEDULE - DAY 3

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Wed, 16 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
124	Int Men - W6 500 (Turn)	Semi	2 / 2	1:29 PM	See Race 130
125	J16 Women - W6 1000	Semi	1 / 2	1:36 PM	
126	J16 Women - W6 1000	Semi	2 / 2	1:45 PM	See Race 131
127	J16 Men - W6 1000	Semi	1 / 2	1:54 PM	
128	J16 Men - W6 1000	Semi	2 / 2	2:03 PM	See Race 132
129	Int Women - W6 500 (Turn)	Final		2:12 PM	
130	Int Men - W6 500 (Turn)	Final		2:19 PM	
131	J16 Women - W6 1000	Final		2:26 PM	
132	J16 Men - W6 1000	Final		2:35 PM	
133	Int Women - W12 500	Final		2:44 PM	



SCHEDULE - DAY 4

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Thu, 17 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
134	Int Women - W1 500	Heat	1 / 3	7:30 AM	
135	Int Women - W1 500	Heat	2 / 3	7:35 AM	
136	Int Women - W1 500	Heat	3 / 3	7:40 AM	See Race 185
137	Int Men - W1 500	Heat	1 / 3	7:45 AM	
138	Int Men - W1 500	Heat	2 / 3	7:50 AM	
139	Int Men - W1 500	Heat	3 / 3	7:55 AM	See Race 187
140	J16 Women - W1 500	Heat	1 / 3	8:00 AM	
141	J16 Women - W1 500	Heat	2 / 3	8:05 AM	
142	J16 Women - W1 500	Heat	3 / 3	8:10 AM	See Race 189
143	J16 Men - W1 500	Heat	1 / 3	8:15 AM	
144	J16 Men - W1 500	Heat	2 / 3	8:20 AM	
145	J16 Men - W1 500	Heat	3 / 3	8:25 AM	See Race 191
146	J19 Women - W1 500	Heat	1 / 3	8:30 AM	
147	J19 Women - W1 500	Heat	2 / 3	8:35 AM	
148	J19 Women - W1 500	Heat	3 / 3	8:40 AM	See Race 193
149	J19 Men - W1 500	Heat	1 / 3	8:45 AM	
150	J19 Men - W1 500	Heat	2 / 3	8:50 AM	
151	J19 Men - W1 500	Heat	3 / 3	8:55 AM	See Race 195
152	U23 Men - W1 500	Heat	1 / 2	9:00 AM	
153	U23 Men - W1 500	Heat	2 / 2	9:05 AM	See Race 229
154	U23 Women - W1 500	Heat	1 / 2	9:10 AM	
155	U23 Women - W1 500	Heat	2 / 2	9:15 AM	See Race 228
156	Gld Master Women - W1 500	Heat	1 / 3	9:20 AM	
157	Gld Master Women - W1 500	Heat	2 / 3	9:25 AM	
158	Gld Master Women - W1 500	Heat	3 / 3	9:30 AM	See Race 197
159	Gld Master Men - W1 500	Heat	1 / 3	9:35 AM	
160	Gld Master Men - W1 500	Heat	2 / 3	9:40 AM	
161	Gld Master Men - W1 500	Heat	3 / 3	9:45 AM	See Race 199
162	Snr Master Women - W1 500	Heat	1 / 3	9:50 AM	
163	Snr Master Women - W1 500	Heat	2 / 3	9:55 AM	
164	Snr Master Women - W1 500	Heat	3 / 3	10:00 AM	See Race 201
165	Snr Master Men - W1 500	Heat	1 / 3	10:05 AM	
166	Snr Master Men - W1 500	Heat	2 / 3	10:10 AM	
167	Snr Master Men - W1 500	Heat	3 / 3	10:15 AM	See Race 203
168	Master Women - W1 500	Heat	1 / 3	10:20 AM	
169	Master Women - W1 500	Heat	2 / 3	10:25 AM	
170	Master Women - W1 500	Heat	3 / 3	10:30 AM	See Race 205
171	Master Men - W1 500	Heat	1 / 3	10:35 AM	
172	Master Men - W1 500	Heat	2 / 3	10:40 AM	
173	Master Men - W1 500	Heat	3 / 3	10:45 AM	See Race 207
174	Premier Women - W1 500	Heat	1 / 3	10:50 AM	
175	Premier Women - W1 500	Heat	2 / 3	10:55 AM	
176	Premier Women - W1 500	Heat	3 / 3	11:00 AM	See Race 209



SCHEDULE - DAY 4

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Thu, 17 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
177	Premier Men - W1 500	Heat	1 / 3	11:05 AM	
178	Premier Men - W1 500	Heat	2 / 3	11:10 AM	
179	Premier Men - W1 500	Heat	3 / 3	11:15 AM	See Race 211
200m Startline					
180	Adaptive Men (VL2) - W1 200	St. Final		11:20 AM	
181	Adaptive Women (VL3) - W1 200	St. Final		11:26 AM	
182	Adaptive Men (VL3) - W1 200	St. Final		11:32 AM	
183	Adaptive Women (VL4) - W1 200	St. Final		11:38 AM	
184	Adaptive Men (VL4) - W1 200	St. Final		11:44 AM	
500m Startline					
185	Int Women - W1 500	Semi	1 / 2	11:50 AM	
186	Int Women - W1 500	Semi	2 / 2	11:55 AM	See Race 222
187	Int Men - W1 500	Semi	1 / 2	12:00 PM	
188	Int Men - W1 500	Semi	2 / 2	12:05 PM	See Race 223
189	J16 Women - W1 500	Semi	1 / 2	12:10 PM	
190	J16 Women - W1 500	Semi	2 / 2	12:15 PM	See Race 224
191	J16 Men - W1 500	Semi	1 / 2	12:20 PM	
192	J16 Men - W1 500	Semi	2 / 2	12:25 PM	See Race 225
193	J19 Women - W1 500	Semi	1 / 2	12:30 PM	
194	J19 Women - W1 500	Semi	2 / 2	12:35 PM	See Race 226
195	J19 Men - W1 500	Semi	1 / 2	12:40 PM	
196	J19 Men - W1 500	Semi	2 / 2	12:45 PM	See Race 227
197	Gld Master Women - W1 500	Semi	1 / 2	12:50 PM	
198	Gld Master Women - W1 500	Semi	2 / 2	12:55 PM	See Race 220
199	Gld Master Men - W1 500	Semi	1 / 2	1:00 PM	
200	Gld Master Men - W1 500	Semi	2 / 2	1:05 PM	See Race 221
201	Snr Master Women - W1 500	Semi	1 / 2	1:10 PM	
202	Snr Master Women - W1 500	Semi	2 / 2	1:15 PM	See Race 230
203	Snr Master Men - W1 500	Semi	1 / 2	1:20 PM	
204	Snr Master Men - W1 500	Semi	2 / 2	1:25 PM	See Race 231
205	Master Women - W1 500	Semi	1 / 2	1:30 PM	
206	Master Women - W1 500	Semi	2 / 2	1:35 PM	See Race 232
207	Master Men - W1 500	Semi	1 / 2	1:40 PM	
208	Master Men - W1 500	Semi	2 / 2	1:45 PM	See Race 233
209	Premier Women - W1 500	Semi	1 / 2	1:50 PM	
210	Premier Women - W1 500	Semi	2 / 2	1:55 PM	See Race 234
211	Premier Men - W1 500	Semi	1 / 2	2:00 PM	
212	Premier Men - W1 500	Semi	2 / 2	2:05 PM	See Race 235
213	Adaptive Men (VL2) - W1 500	St. Final		2:10 PM	
214	Adaptive Women (VL3) - W1 500	St. Final		2:16 PM	
215	Adaptive Men (VL3) - W1 500	St. Final		2:22 PM	
216	Adaptive Women (VL4) - W1 500	St. Final		2:28 PM	
217	Adaptive Men (VL4) - W1 500	St. Final		2:34 PM	



SCHEDULE - DAY 4

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Thu, 17 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
218	Master 70 Women - W1 500	St. Final		2:40 PM	
219	Master 70 Men - W1 500	St. Final		2:45 PM	
220	Gld Master Women - W1 500	Final		2:50 PM	
221	Gld Master Men - W1 500	Final		2:55 PM	
222	Int Women - W1 500	Final		3:00 PM	
223	Int Men - W1 500	Final		3:05 PM	
224	J16 Women - W1 500	Final		3:10 PM	
225	J16 Men - W1 500	Final		3:15 PM	
226	J19 Women - W1 500	Final		3:20 PM	
227	J19 Men - W1 500	Final		3:25 PM	
228	U23 Women - W1 500	Final		3:30 PM	
229	U23 Men - W1 500	Final		3:35 PM	
230	Snr Master Women - W1 500	Final		3:40 PM	
231	Snr Master Men - W1 500	Final		3:45 PM	
232	Master Women - W1 500	Final		3:50 PM	
233	Master Men - W1 500	Final		3:55 PM	
234	Premier Women - W1 500	Final		4:00 PM	
235	Premier Men - W1 500	Final		4:05 PM	



SCHEDULE - DAY 5

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Fri, 18 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
236	Premier Women - W12 500	Heat	1 / 4	7:00 AM	
237	Premier Men - W6 500	Heat	1 / 4	7:06 AM	
238	Premier Men - W6 500	Heat	2 / 4	7:12 AM	
239	Premier Women - W12 500	Heat	2 / 4	7:18 AM	
240	Premier Men - W6 500	Heat	3 / 4	7:24 AM	
241	Premier Men - W6 500	Heat	4 / 4	7:30 AM	See Race 369
242	Premier Women - W12 500	Heat	3 / 4	7:36 AM	
243	J19 Men - W6 500	Heat	1 / 3	7:42 AM	
244	J19 Men - W6 500	Heat	2 / 3	7:48 AM	
245	Premier Women - W12 500	Heat	4 / 4	7:54 AM	See Race 277
246	J19 Men - W6 500	Heat	3 / 3	8:00 AM	See Race 357
247	Master Women - W6 500	Heat	1 / 3	8:06 AM	
248	Master Women - W6 500	Heat	2 / 3	8:12 AM	
249	J19 Women - W12 500	Heat	1 / 2	8:18 AM	
250	Master Women - W6 500	Heat	3 / 3	8:24 AM	See Race 361
251	Master Men - W6 500	Heat	1 / 3	8:30 AM	
252	J19 Women - W12 500	Heat	2 / 2	8:36 AM	See Race 285
253	Master Men - W6 500	Heat	2 / 3	8:42 AM	
254	Master Men - W6 500	Heat	3 / 3	8:48 AM	See Race 365
255	Gld Master Men - W6 500	Heat	1 / 1	8:54 AM	See Race 372
256	Snr Master Women - W6 500	Heat	1 / 2	9:00 AM	
257	J19 Men - W12 500	Heat	1 / 2	9:06 AM	
258	Snr Master Women - W6 500	Heat	2 / 2	9:12 AM	See Race 378
259	Premier Women - W6 500	Heat	1 / 5	9:18 AM	
260	J19 Men - W12 500	Heat	2 / 2	9:24 AM	See Race 283
261	Premier Women - W6 500	Heat	2 / 5	9:30 AM	
262	Premier Women - W6 500	Heat	3 / 5	9:36 AM	
263	Premier Men - W12 500	Heat	1 / 2	9:42 AM	
264	Premier Women - W6 500	Heat	4 / 5	9:48 AM	
265	Premier Women - W6 500	Heat	5 / 5	9:54 AM	See Race 367
266	Premier Men - W12 500	Heat	2 / 2	10:00 AM	See Race 306
267	Snr Master Men - W6 500	Heat	1 / 3	10:06 AM	
268	Snr Master Men - W6 500	Heat	2 / 3	10:12 AM	
269	Snr Master Men - W6 500	Heat	3 / 3	10:18 AM	See Race 363
270	Gld Master Women - W6 500	Heat	1 / 1	10:24 AM	See Race 371
271	Master Men - W12 500	Heat	1 / 2	10:30 AM	
272	J19 Women - W6 500	Heat	1 / 3	10:36 AM	
273	J19 Women - W6 500	Heat	2 / 3	10:42 AM	
274	J19 Women - W6 500	Heat	3 / 3	10:48 AM	See Race 359
275	Master Men - W12 500	Heat	2 / 2	10:54 AM	See Race 312
276	Master Women - W6 1000	Heat	1 / 4	11:00 AM	
277	Premier Women - W12 500	Semi	1 / 2	11:07 AM	
278	Master Women - W6 1000	Heat	2 / 4	11:13 AM	



SCHEDULE - DAY 5

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Fri, 18 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
279	Premier Women - W12 500	Semi	2 / 2	11:20 AM	See Race 287
280	Master Women - W6 1000	Heat	3 / 4	11:26 AM	
281	Master Women - W6 1000	Heat	4 / 4	11:33 AM	See Race 332
282	Snr Master Men - W6 1000	Heat	1 / 3	11:40 AM	
283	J19 Men - W12 500	Final		11:47 AM	
284	Snr Master Men - W6 1000	Heat	2 / 3	11:53 AM	
285	J19 Women - W12 500	Final		12:00 PM	
286	Snr Master Men - W6 1000	Heat	3 / 3	12:06 PM	See Race 340
287	Premier Women - W12 500	Final		12:13 PM	
288	Premier Men - W6 1500	Heat	1 / 5	12:19 PM	
289	Premier Men - W6 1500	Heat	2 / 5	12:29 PM	
290	Master Women - W12 500	Heat	1 / 2	12:39 PM	
291	Premier Men - W6 1500	Heat	3 / 5	12:45 PM	
292	Master Women - W12 500	Heat	2 / 2	12:55 PM	See Race 308
293	Premier Men - W6 1500	Heat	4 / 5	1:01 PM	
294	Premier Men - W6 1500	Heat	5 / 5	1:11 PM	See Race 342
295	Snr Master Men - W12 500	St. Final		1:21 PM	
296	Premier Women - W6 1500	Heat	1 / 7	1:27 PM	
297	Premier Women - W6 1500	Heat	2 / 7	1:37 PM	
298	Snr Master Women - W12 500	St. Final		1:47 PM	
299	Premier Women - W6 1500	Heat	3 / 7	1:53 PM	
300	Gld Master Women - W12 500	St. Final		2:03 PM	
301	Premier Women - W6 1500	Heat	4 / 7	2:10 PM	
302	Premier Women - W6 1500	Heat	5 / 7	2:20 PM	
303	Gld Master Men - W12 500	St. Final		2:30 PM	
304	Premier Women - W6 1500	Heat	6 / 7	2:37 PM	
305	Premier Women - W6 1500	Heat	7 / 7	2:47 PM	See Race 344
306	Premier Men - W12 500	Final		2:57 PM	
307	J19 Women - W6 1000	Heat	1 / 4	3:03 PM	
308	Master Women - W12 500	Final		3:10 PM	
309	J19 Women - W6 1000	Heat	2 / 4	3:16 PM	
310	Premier Men Regional - W12 500	St. Final		3:23 PM	
311	J19 Women - W6 1000	Heat	3 / 4	3:33 PM	
312	Master Men - W12 500	Final		3:40 PM	
313	J19 Women - W6 1000	Heat	4 / 4	3:46 PM	See Race 330
314	Premier Women Regional - W12 500	St. Final		3:53 PM	



SCHEDULE - DAY 6

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Sat, 19 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
315	Gld Master Men - W6 1000	Heat	1 / 2	7:00 AM	
316	Gld Master Men - W6 1000	Heat	2 / 2	7:07 AM	See Race 347
317	Snr Master Women - W6 1000	Heat	1 / 3	7:14 AM	
318	Snr Master Women - W6 1000	Heat	2 / 3	7:21 AM	
319	Snr Master Women - W6 1000	Heat	3 / 3	7:28 AM	See Race 336
320	Master Men - W6 1000	Heat	1 / 4	7:35 AM	
321	Master Men - W6 1000	Heat	2 / 4	7:42 AM	
322	Master Men - W6 1000	Heat	3 / 4	7:49 AM	
323	Master Men - W6 1000	Heat	4 / 4	7:56 AM	See Race 334
324	J19 Men - W6 1000	Heat	1 / 4	8:03 AM	
325	J19 Men - W6 1000	Heat	2 / 4	8:10 AM	
326	J19 Men - W6 1000	Heat	3 / 4	8:17 AM	
327	J19 Men - W6 1000	Heat	4 / 4	8:24 AM	See Race 338
328	Gld Master Women - W6 1000	Heat	1 / 2	8:31 AM	
329	Gld Master Women - W6 1000	Heat	2 / 2	8:38 AM	See Race 346
330	J19 Women - W6 1000	Semi	1 / 2	8:45 AM	
331	J19 Women - W6 1000	Semi	2 / 2	8:52 AM	See Race 350
332	Master Women - W6 1000	Semi	1 / 2	8:59 AM	
333	Master Women - W6 1000	Semi	2 / 2	9:06 AM	See Race 351
334	Master Men - W6 1000	Semi	1 / 2	9:13 AM	
335	Master Men - W6 1000	Semi	2 / 2	9:20 AM	See Race 352
336	Snr Master Women - W6 1000	Semi	1 / 2	9:27 AM	
337	Snr Master Women - W6 1000	Semi	2 / 2	9:34 AM	See Race 353
338	J19 Men - W6 1000	Semi	1 / 2	9:41 AM	
339	J19 Men - W6 1000	Semi	2 / 2	9:48 AM	See Race 349
340	Snr Master Men - W6 1000	Semi	1 / 2	9:55 AM	
341	Snr Master Men - W6 1000	Semi	2 / 2	10:02 AM	See Race 354
342	Premier Men - W6 1500	Semi	1 / 2	10:09 AM	
343	Premier Men - W6 1500	Semi	2 / 2	10:19 AM	See Race 356
344	Premier Women - W6 1500	Semi	1 / 2	10:29 AM	
345	Premier Women - W6 1500	Semi	2 / 2	10:39 AM	See Race 355
346	Gld Master Women - W6 1000	Final		10:49 AM	
347	Gld Master Men - W6 1000	Final		10:56 AM	
348	Adaptive Mixed - W6 500 (Turn)	St. Final		11:03 AM	
349	J19 Men - W6 1000	Final		11:10 AM	
350	J19 Women - W6 1000	Final		11:17 AM	
351	Master Women - W6 1000	Final		11:24 AM	
352	Master Men - W6 1000	Final		11:31 AM	
353	Snr Master Women - W6 1000	Final		11:38 AM	
354	Snr Master Men - W6 1000	Final		11:45 AM	
355	Premier Women - W6 1500	Final		11:52 AM	
356	Premier Men - W6 1500	Final		12:02 PM	
357	J19 Men - W6 500	Semi	1 / 2	12:12 PM	



SCHEDULE - DAY 6

Te Wananga o Aotearoa Waka Ama National Sprint Championships
Sat, 19 Jan 2019



Race	Event	Round	No	Est. Start	Progressions
358	J19 Men - W6 500	Semi	2 / 2	12:18 PM	See Race 375
359	J19 Women - W6 500	Semi	1 / 2	12:24 PM	
360	J19 Women - W6 500	Semi	2 / 2	12:30 PM	See Race 374
361	Master Women - W6 500	Semi	1 / 2	12:36 PM	
362	Master Women - W6 500	Semi	2 / 2	12:42 PM	See Race 376
363	Snr Master Men - W6 500	Semi	1 / 2	12:48 PM	
364	Snr Master Men - W6 500	Semi	2 / 2	12:54 PM	See Race 379
365	Master Men - W6 500	Semi	1 / 2	1:00 PM	
366	Master Men - W6 500	Semi	2 / 2	1:06 PM	See Race 377
367	Premier Women - W6 500	Semi	1 / 2	1:12 PM	
368	Premier Women - W6 500	Semi	2 / 2	1:18 PM	See Race 380
369	Premier Men - W6 500	Semi	1 / 2	1:24 PM	
370	Premier Men - W6 500	Semi	2 / 2	1:30 PM	See Race 381
371	Gld Master Women - W6 500	Final		1:36 PM	
372	Gld Master Men - W6 500	Final		1:42 PM	
373	Adaptive Mixed - W6 500	St. Final		1:48 PM	
374	J19 Women - W6 500	Final		1:55 PM	
375	J19 Men - W6 500	Final		2:01 PM	
376	Master Women - W6 500	Final		2:07 PM	
377	Master Men - W6 500	Final		2:13 PM	
378	Snr Master Women - W6 500	Final		2:19 PM	
379	Snr Master Men - W6 500	Final		2:25 PM	
380	Premier Women - W6 500	Final		2:31 PM	
381	Premier Men - W6 500	Final		2:37 PM	
382	J19 Women Dash - W1 250	St. Final		2:43 PM	
383	J19 Men Dash - W1 250	St. Final		2:53 PM	
384	Premier Women Dash - W1 250	St. Final		3:03 PM	
385	Premier Men Dash - W1 250	St. Final		3:13 PM	