AROCA - Sprints 2019 (1st + next fastest, 4+ Lanes)

	1 Heat	
		Champ Final
		onamp i mai
	2 Heats	
Heat 1		
-	1st + next fastest	Champ Final
115-4-2	13t · Hext lastest	Champina
Heat 2		
	3 Heats	
	Jileats	
Heat 1		
	1st + next fastest	Champ Final
Heat 2		
	next fastest	Plate Final
Heat 3		
	4 Heats	
Heat 1		
		a
Heat 2	1st + next fastest	Champ Final
Heat 3	next fastest	Plate Final
Heat 4		

5 (or more) Heats

Heat 1		
	1st + next fastest	Champ Final
Heat 2		,
Heat 3	next fastest	Plate Final
Heat 4		
	next fastest	Bowl Final
Heat		