



2020 Manukau Harbour Dash



E te hapori, e te whānau

Nau mai, hoki mai ki te moana e whakakotahi ai tātou!

Hoki mai, kia whakangahau tātou i ngā wai karekare o Hinewai, o Tangaroa

Herea mai tō waka, hei whitiwhiti kōrero, hei whakawhanaunga

Nau mai ki te puna o te ora, kia mauri tau, kia mauri ora

Nau mai, haere mai, kia whakaohooho anō ai te ngākaunui ki te hoenga waka!

Come, come, come back to the ocean, so we can again be as one

Come back to enjoy the ocean, to play and have fun

Come back to enjoy your whanau, friends, community in our waka

Come back, come back, to where we feel whole, on the water

Welcome back to all our Waka community. Let's rebuild our sport together!

Portage Crossing Canoe Club Incorporated is hosting a nice low key, community fun race to be held in Auckland on the Manukau Harbour on **Saturday 29th of August 2020**

IMPORTANT INFORMATION AND DATES

Entries Close **Monday 24th August** (Please note - NO LATE ENTRIES. Due to Covid-19 contact tracing requirements only online entries will be accepted. Please help make our job easier by entering as early as possible. STRICTLY NO ENTRIES ON THE DAY

- Wednesday 26th August midnight - ROSTER CLOSES
- Saturday 29th August - RACE DAY
- Sunday 30th August - BACK UP RACE DAY (Keep an eye on the Portage Crossing Facebook Page
<https://www.facebook.com/Portage-Crossing-Outrigger-Canoe-Club-995412633873039/>)

• **COVID-19 REQUIREMENTS:**

- All Paddlers "MUST" be registered through the WANZ Website.
- All visitors "MUST" sign In at our Registration desk (or at least one member of each family).
- No sharing of personal equipment.
- Clubs "MUST" provide Sanitiser for Waka and Equipment.

PROGRAMME

| | |
|-----------|--|
| 0600 | Registration opens at Allan Park, Kiwi Esplanade, Māngere Bridge |
| 0600-0645 | Safety Checks to be completed at the race start venue. Compulsory water safety gear is standard. *Paddlers will not be allowed to race without the required safety gear. *All novice paddlers and non-competent swimmers must wear PFDs |
| 0645 | Karakia Race Briefing Long Course/ Short Course variation |
| 0700 | Race Start - All W6 Divisions (incl. Novice) |
| 0830 | Breakfast from 8:30-9:30am. Breakfast will be provided for all paddlers with a meal ticket. Meal ticket to be picked up when paddlers sign in at registration table. |

Waste Management we encourage people to bring their own plate and cutlery (cup if we are providing tea/coffee) to minimize waste. Take your own rubbish home with you when you leave.

ENTRY FEES

The fees for all entries received prior to 26th August are for all grades W6

9km Short Course \$15.00 (Fee includes breakfast meal ticket)

15km Long Course Fee \$20.00 (Fee includes breakfast meal ticket)

(Note: no show no refund)

PAYMENT INSTRUCTIONS

Please deposit or transfer bulk team payment 6 people all together; or preferred, whole club payment (easier to trace)

No individual per person payment - many thanks

Pay: Portage Crossing 12 3019 0035274 00

Reference: Team Name or, if bulk club payment reference Club Name and number of teams

RACE DISTANCES AND COURSES

All paddlers to arrive and register on time so we can start on time to catch the tide. The Manukau Harbour is tidal and the tide moves fast. We don't want to be beached and have a mud run 🤮 on the way in.

Both race courses are on the Manukau Harbour in the Onehunga-Māngere Bridge leg of the harbour. There are two race courses. Very simple, straight forward straight line return courses. Safe for most weather conditions as both are quite sheltered. If the weather turns dangerous and winds become dangerously high, the race will be called off and moved to the following 'save day', weather permitting. Please ensure you save the following day in case. We want to provide all paddlers with an enjoyable, safe experience.

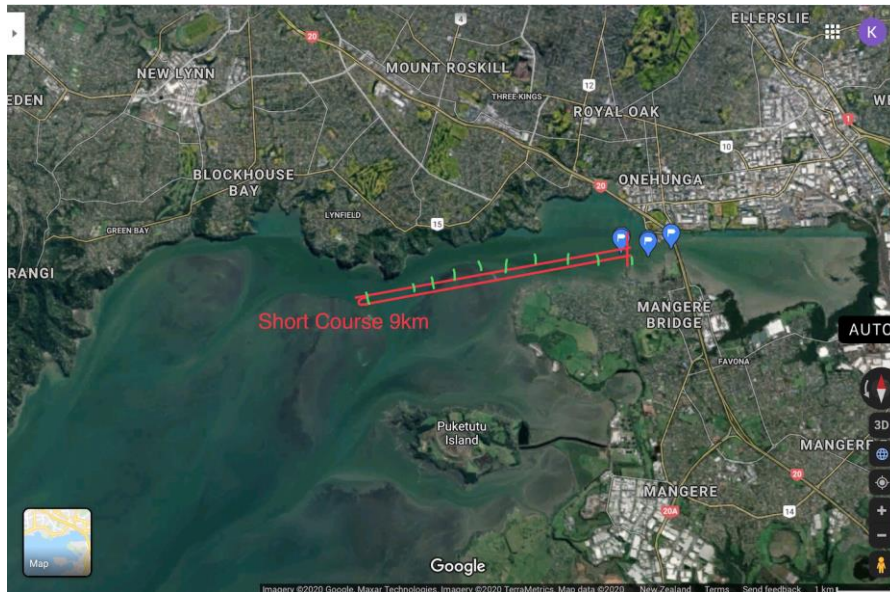
See Race Course options below

Distance Divisions 9km and 15km

W6 9km Short Course for Juniors, adults and Novices;

J16, J19, Open, Master and Senior Master Men, Women & Mixed

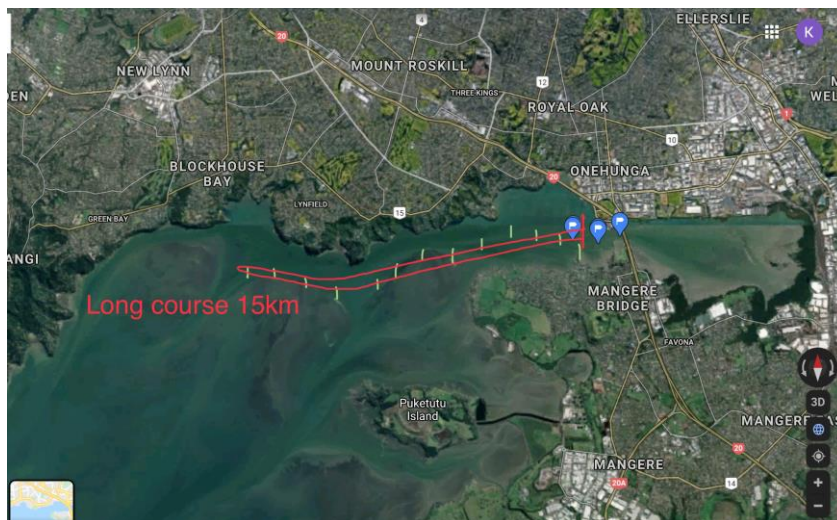
The above categories exist only if there are three teams in that division. If there are less than three teams in a division, the team/s will be merged with another division.



W6 15km Long Course:

J16, J19, Open, Master and Senior Master Men, Women & Mixed

The above categories exist only if there are three teams in that division. If there are less than three teams in a division, the team/s will be merged with another division.



QUESTIONS AND ENQUIRIES

For any further information please email portagecrossing@gmail.com or message our Facebook Page @Portage Crossing Canoe Club

<https://www.facebook.com/Portage-Crossing-Outrigger-Canoe-Club-995412633873039/>