





2022 Waka Ama Long Distance Nationals

WAITANGI

Thursday 6th - Sunday 9th OCTOBER 2022
Pānui 3 | September 2022

Te Tai Tokerau Polynesian Canoe Association and Tai Kotuku Waka Ama Club in association with Waka Ama New Zealand (WANZ), are proud to host the 2022 Waka Ama Long Distance Nationals (LDNs) to be held in Waitangi 6th – 9th October 2022



The image used for our 2022 LDN logo was originally drawn by artist and Waka Ama stalwart the late Paul Marshall-Slade, Nga Hoe Horo. Paul designed many of the early Waka Ama logos and event T-Shirts and was also part of the first Aotearoa men's team to compete at a world sprints event when he raced for Nga Hoe Horo in 1988 in Hawaii. You can read more about Paul here https://wakaama.co.nz/stories/read/1003453. Ngā mihi maioha e te Rangatira.



SITE MAP AND FACILITIES (See Page 13)

The venue is based at the Waitaha Events Centre and will extend to the Bay of Island Yacht Club and across the road to the lower Treaty Sports Ground.

The Waitaha Events Centre will be the event HQ and where the following is located

- ★ Registration and Administration
- ★ Merchandise
- ★ Prizegiving venue

Vendors will be stationed along the driveway to the Bay of Island Yacht Club and either side of the Waitaha Events Centre.

There are toilets located at the Waitaha Events Centre (wheelchair accessible) and portaloos will be placed by the loading bay and the rigging area at the boat ramp

Toilet and shower facilities will be available at the Yacht Club and Te Tii Marae for paddlers and spectators. All buildings are accessible for wheelchairs.

The Bay of Plenty Yacht Club is open to paddlers and spectators for viewing of the race course.

There are 3 waste stations onsite. Please respect the whenua and ensure we leave the area tidy.

The pōhiri will take place at Te Tii Marae (opposite side of the bridge from the event base) 25 Te Kemara Avenue, Paihia, at 4 pm Thursday 6th October.

WAITANGI TREATY GROUNDS AND VENUE TIKANGA

Please be aware that our event is taking place on the Waitangi Treaty Grounds and surrounding areas.

Please be respectful of the whenua and facilities. *No dogs are permitted at the grounds or the event site at all times.*

As with all National events, this is a no smoking, no vaping, no alcohol and no drug event. Please be mindful of some

of the alcohol rules that may be around the marina. If you must inhale we suggest you go off-site or onto the main road.



TRAILER PARKING, BRIDGE ACCESS & TRAFFIC RESTRICTIONS

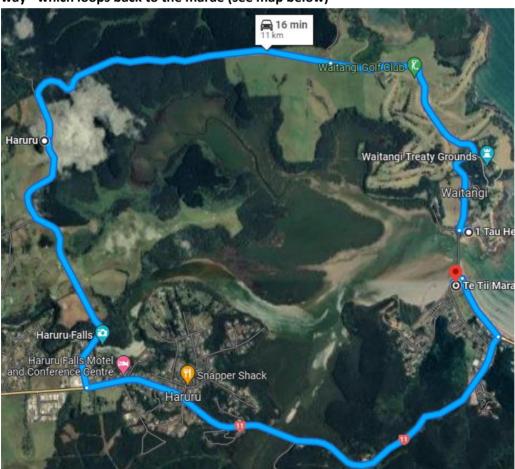
As per the site map, the trailer parking will be based at the lower Treaty Sports Grounds. Please note that on Thursday the 6th of October the trailer parking will be open at the below times. On Thursday we strongly urge anyone dropping off waka will need to exit through the Haruru back road back to Waitangi (see map below)

- 8:00 3:45 pm (4 pm Pōhiri)
- 5:00 pm 8 pm

W1 Drop-off is only Thursday only

Friday and Saturday - traffic restrictions will apply and the bridge (heading towards the event site) will be restricted and only accessible for event management and trailers.

We strongly recommend those wishing to leave the event site will need to do so out towards Haruru Falls way - which loops back to the marae (see map below)



Traffic (bridge) restrictions will apply from the below times

- Friday 7th 6 am 2 pm
- Saturday 8th 6 am 2 pm



PARKING

All spectator and competitor parking is at Te Tii Marae - paddlers will be able to drop off Waka W1 Waka on Thursday only as per the site map.

Disability parking is located next to the Waitaha (Event HQ) building. Please ensure your disability pass is visible to traffic management staff.

Trailers will have access across the Bridge to drop off canoes. Trailer parking is available at the lower Treaty Sports Ground. To exit - trailers must head towards Haruru Falls.

VENDORS

Please bring cash for the vendors who will be selling a range of kai, clothing, merchandise, coffee and paddling equipment.

BACK-UP RACE DAY

If the weather or sea conditions make it unsafe to paddle any one of the allocated races then Sunday, 9th October 2022 is the backup race day. Paddlers are advised to make plans to be available that day.

TIDES

Tides for during the event (Friday/Saturday)

Tide 		NZST) Pate	Height
High Tide		6:08 AM (Fri 07 October)	
Low Tide		12:22 PM (Fri 07 October)	
High Tide		6:43 PM (Fri 07 October)	
<u>- 六</u> Sunrise: 6:52AM	Sunset: 7:31PM	Moonset: 5:30AM	Moonrise: 4:33PM

Tide ∕\\		Time (NZST) & Date	
Low Tide		00:54 AM (Sat 08 October)	
High Tide		7:09 AM (Sat 08 October)	
Low Tide		1:19 PM (Sat 08 October)	
High Tide		7:38 PM (Sat 08 October)	
Sunrise: 6:51AM	Sunset: 7:32PM	Moonset: 6:01AM	Moonrise: 5:41PM



PENALTIES AND LATE CHANGES

Any late additions/changes/withdrawals after the 13th of September a \$20 per paddler late fee will apply e.g. division changes, paddler swap, additions.

Any club that withdraws teams after being invoiced will still be charged the full entry fee.

If paddlers wish to change race divisions i.e Rudderless to Ruddred - this must be actioned **the day prior** to your event at the Registration desk.

There are no late entries permitted after the 4th of October

REFUND POLICY

- No refunds will be given for any withdrawals after 13 September 2022
- No refund will be given if the event is cancelled due to a natural disaster or extreme weather

EVENT WAIVER

All participants (teams and individual) must complete an event waiver. The event waiver can be found online here: https://wakaama.co.nz/racecalendar/lookup/1824

If you can download and complete it prior to the event this will cut down your registration time.

RACE DISTANCES AND COURSES

All racecourses are in the Bay of Islands (you can find the race maps in the appendices). The racecourses are set based on the weather and ocean conditions to provide all paddlers with an enjoyable, challenging, and safe experience



Yu canYou	Distance	Divisions	Categories
W6:	22-26km	Open, Master and Senior Master	Men, Women & Mixed
	14-16km	Gld Master, Master 70, J19	Men, Women & Mixed
	8-10km	J16	Men, Women & Mixed
	8-10km	Adaptive	Mixed
	8-10km	Short course*	Men, Women and Mixed*
W1 Ruddered/	14-16km	Seniors (U23, Open, Master, Snr Master)	Men & Women
W1 Rudderless			
	8-10km	Gld Master, Master 70, J16, J19	Men & Women
W1	8-10km	Adaptive	Men & Women
W2/W3:	14-16km	Seniors (U23, Open, Master, Snr Master)	Men, Women & Mixed
	8-10km	Gld Master, Master 70, J16, J19	Men, Women & Mixed
W2	8-10km	Adaptive	Men, Women & Mixed

^{*}Not a medal category

COMPETITORS ABILITY

We are providing opportunities for experienced and capable crews and individuals in age categories from J16 and above. The term "experienced" means that teams and individuals have experience in open sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

RACE RULES

Race Rules can be found online here: https://wakaama.co.nz/pages/view/1005147

PFD's – All J16 and Novice paddlers/Teams must wear PFD's to race.

All others must have them readily available in the waka.

Should the conditions require it – The Race Director may advise it compulsory for all paddlers to wear their PFD.

Spray Skirts: All W6 must-have spray skirts and these will be required to be fitted for the safety check. For W2/W3 that cannot be fitted with sprayskirts - paddlers will be required to wear their PFDs and have onboard 1 bailer per person (W2 = 2, W3 = 3)

Only 1 Entry in a division – As per the race rules: There must be a minimum of two (2) paid entries for a programmed race to be run. If there is only one entry for a race, the organising committee may combine this entry with another race, but shall inform the affected paddler or team, and in any case identify their results in relation to the programmed race.



We will be making contact with those clubs who only have 1 entry in a division to advise the new division for that paddler/team.

Please note: there are no medals awarded for divisions with only 1 entry.

Race Briefings - One (1) member of each crew will be required to attend the race briefing and sign the briefing check-in form

Racing Uniforms - Paddlers are required to wear uniform tops for their racing. All paddlers in any one team shall wear the same uniform (Tops) in all but the mixed events - any differences in uniform may only be between

the male and female paddlers.



Thursday 6th October

8:00 am – 3.45 pm	Trailer Parking will be open
2 pm to 3.45 pm	Registrations and administration enquiries open
4.00 pm	Pōwhiri at Te Tii Waitangi Marae
5:00 pm till 8 pm	Safety checks for Friday Racing
5:00 pm till 8 pm	Trailer parking open
5:30 pm till 8pm	Registration re-opens

Friday 7th October

Registrations Open: 6.30am

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Race 1		
Safety Checks Start		
Thurday 5pm - 8pm		
Friday: 6:30am		
Race Briefing: 7:15 am		
Race Start: 8:00 am		
U23 Women, Open Women, Master Women, Snr Master	W1 Ruddered	14-16 km
Women		
J19 Women, Gld Master Women, Master 70 Women	W1 Ruddered	8-10 km
U23 Men, Open Men, Master Men, Snr Master Men	W1 Rudderless	14-16 km
J19 Men, Gld Master Men, Master 70 Men	W1 Rudderless	8-10 km
U23 Women, Open Women, Master Women, Snr Master	W2/W3	14-16 km
Women		
J19 Women, Gld Master Women, Master 70 Women	W2/W3	8-10 km
U23 Mixed, Open Mixed, Master Mixed, Snr Master Mixed	W2/W3	14-16 km
J19 Mixed, Gld Master Mixed, Master 70 Mixed	W2/W3	8-10 km



Race 2				
Safety Checks Start: 10:00	Safety Checks Start: 10:00 am			
Race Briefing: 10:45	am			
Race Start: 11:30 a	m			
U23 Women ,Open Women, Master Women, Snr Master	W1 Rudderless	14-16 km		
Women				
J19 Women, Gld Master Women, Master 70 Women	W1 Rudderless	8-10 km		
U23 Men, Open Men, Master Men, Snr Master Men	W1 Ruddered	14-16 km		
J19 Men, Gld Master Men, Master 70 Men	W1 Ruddered	8-10 km		
U23 Men, Open Men, Master Men, Snr Master Men	W2/W3	14-16 km		
J19 Men, Gld Master Men, Master 70 Men	W2/W3	8-10 km		

Race 3			
Safety Checks Start: 11:45 am			
Race Briefing: 12:45 pm			
Race Start: 1:30 pm			
J16 Men, J16 Women, J16 Mixed	W6	8-10 km	
Open Men, Open Women, Open Mixed Short-course	W6	8-10 km	
Adaptive Mixed	W6	8-10 km	

Prizegiving for DAY 1 Will commence approx. 30 minutes after Race 3 has concluded Registration for Day 2 open until 6:00pm Friday



Saturday 8th October

Registration Open 6:30 am

Race 4 – Senior Women	W6, J16 & Adaptive W1	
Safety Checks s	tart at 6:30am	
Race Briefin	ng: 7:15 am	
Race Start	:: 8:00 am	
Open, Master & Snr Master Women	W6	22-26 km
J19 Women, Gld Master, Master 70 Women	W6	14-16 km
J16 Women	W1 Rudderless	8-10 km
J16 Men	W1 Ruddered	8-10 km
Adaptive Women	W1	8-10 km
J16 Men	W2/W3	8-10 km
Adaptive Men	W2/W3	8-10 km
	'	1
Race 5 – Senior Mixed W	/6, J16 and Adaptive W1	
Safety Checks s	tart at 9:30am	
Race Briefin	g: 10:15 am	
Race Starts	: 11:00 am	
Open, Master & Snr Master Mixed	W6	22-26 km
J19 Mixed, Gld Master Mixed, M70 Mixed	W6	14-16 km
J16 Women	W1 Ruddered	8-10 km
J16 Men	W1 Rudderless	8-10 km
Adaptive Men	W1	8-10 km
Adaptive Men J16 Women & Mixed	W1 W2/W3	8-10 km 8-10 km

Race 6 –	Men W6		
Safety Checks start at 12:30			
<mark>pm</mark>			
Race Briefing: 1:15 pm			
Race Start: 2:00 pm			
Open, Master & Snr Master Men	W6	22-26 km	
J19 Men, Gld Master Men, M70 Men	W6	14-16 km	

Prizegiving 5.00pm



PADDLER KAI

FRIDAY - a small kai wil be available to all paddlers after their races **SATURDAY** - Paddler Kai will be served from outside the Waitaha Event Centre

All paddlers will be given a wristband when their W6 teams complete registration. The wristband entitles each paddler to receive one meal after their race on Saturday 8th of October. Paddler Kai will be available immediately after each Race on Saturday.

Those paddlers not in the W6 team on Saturday will need to come to registration for a wristband.

There are no extra paddler meals available for sale – supporters and spectators are welcome to purchase kai from food vendors on-site or from local cafes/restaurants.

MERCHANDISE

Official Event Merchandise will be available for sale onsite and leading up to the event. Link to be provided once available.

Hoodies, paddling tee's, basketball singlets, caps & long sleeve paddling tops will b available.



Limited supply available SO GET IN QUICK! Merch will go on sale onsite from Thursday (6th) Evening. Eftpos will be available.



WAKA TROLLEYS

If you are bringing W6, please try and put a Trolley or two on your trailer. It will save a lot of carrying of waka

QUESTIONS AND ENQUIRIES

For any further information please head to https://wakaama.co.nz/racecalendar/lookup/1824 or contact us at ldn@wakaama.co.nz

On behalf of Te Tai Tokerau, we look forward to hosting you all in Waitangi for LDN 2022.

Or for more information check out the event Facebook page here: https://www.facebook.com/wakaamaLDN/

NGĀ MIHI

We would like to extend a massive mihi to the below organisations who are supporting our volunteers in the form of snacks, water and chocolate!!!

- Countdown Paihia
- Four Square Paihia
- Whittaker's Chocolate
- Tasti











Ngā mihi nui ki ngā kaitautoko – Thank you to our event sponsors and supporters



Northlanding

Growing Northland's Economy

Kia tupu ai te ōhanga o Te Tai Tokerau





WHAKAATA MĀORI









APPENDICES

APPENDIX A: Site Map

APPENDIX B: Venue Directions

• APPENDIX C: Course Maps

APPENDIX A: SITE MAP



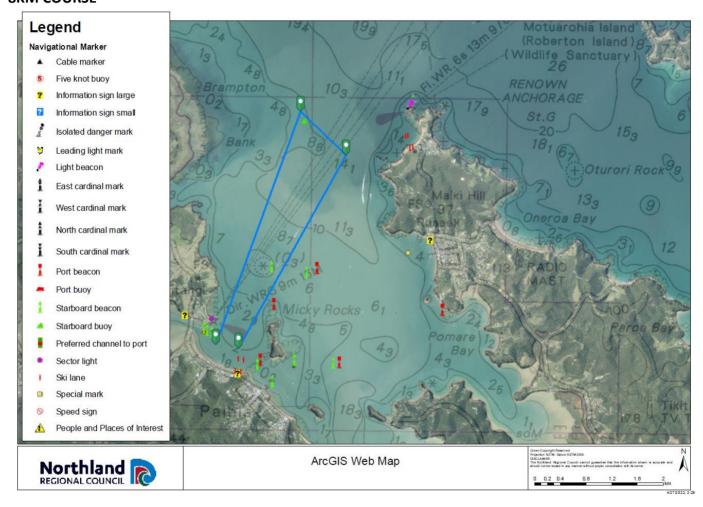


APPENDIX B: VENUE DIRECTIONS

Waitaha Events Centre - https://goo.gl/maps/5slpoi9FRT8kqVtFA
1 Tau Henare Drive, Waitangi

APPENDIX C: COURSE MAP AND ALTERNATE COURSE

8KM COURSE





8KM ALTERNATIVE COURSE

