Race No.:	Time:	Division:	Race:	Lane Draw for times and progressions								
	500m			Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9
1	9.00	Intermediate boys	straight final	D Cooper	M Pickering	T Teira Tawhara	J Rogers	R Harris	T Ferguson	I Heta	T Pirini	B Bellass
2	9.05	Intermediate girls	straight final	T Tuaupiki	N Ferguson	J Reti	N Harris	R Tahere	K Williams			
3	9.10	M70 Men	straight final	T Clutterbuck	R Gabel	I Lawson	R Ferguson	B Coffey	T Carne	J Harawene	R Waldegrave	
4	9.15	J16 Men	straight final	B Herbert	J Herbert	M Pickering	T Kaipo	M Heta	J Hepi	N Henry	A Galpin	
5	9.20	J16 Women	heat 1	K Rawiri	W Teriaki-Heemi	M Peterson	J Davis	H Rolleston-Gabel	T Reti	C Gabel	C Reti	
6	9.25	J16 Women	heat 2	I Van-Dijk	T Apiata	A Clark	K Kupa	S Gabel-Teevale	M Morete	H Gabel		
7	9.30	M75 Men	straight final	J Harawene	D Robertson	B Richards	S Foster	B Coffey				
8	9.35	Golden Master Men	straight final	R Cameron	P Henderson	W Halkyard	D Kaiawe	A Cribb	G Mckay	T Lerew	G Barriball	D King
9	9.40	Open & J23 Women	straight final	R King	T Stowers	S Herzog-Bell	C Gabel-Davis	H Brown	K Noa	H King	I Moses	T Heihei
10	9.45	Open & J23 Men	straight final	S Herbert	A Heihei	P Hayward	J Morunga	C Herbert	R Gabel	T King	X Herbert	
11	9.50	Senior Master	straight final	M Sissons	M Eruera	A Ruka	S Hill	Z Wikaira	R Francis	N Pehi	T Piripi	
12	9.55	Senior Master Men	straight final	D Wikaira	C Wikaira	J Reti	D Collins	A Te Ahuahu	T Sissons	R Pehi	T Kingi	J Stewart
13	10.00	Golden Master	straight final	E Kaiawe	S Thompson	K Ratana	H Halkyard-Harawira	H Sakey	N King			
14	10.05	J19 Women	straight final	K Strong	A Hotere-	W Piripi	J Heta	T Morete	A Pou-Haereiti	J Cameron		
15	10.10	J19 Men	straight final	E Reti	R Reti							
16	10.15	Master Men	straight final	S Roulston	K Buchanan	A Herbert	S Clark					
17	10.20	Master Women	straight final	M Rudolph	G Williams	E Helmich	J Wikaira	H Waikai				
18	10.25	J16 Women	final									
20min break								**Lane Draw**				
250m				**Lane 1**	**Lane 2**	**Lane 3**	**Lane 4**	**Lane 5**	**Lane 6**	**Lane 7**	**Lane 8**	**Lane 9**
19	11.00	J19 Men	straight final	E Reti	A Galpin	T Kaipo	R Reti					
20	11.05	J19 Women	heat 1	K Kupa	M Morete	A Hotere-	J Cameron	C Reti	K Strong	C Gabel	S Gabel-Teevale	J Heta
21	11.10	J19 Women	heat 2	C Gabel-Davis	A Hotere-	A Clark	H Gabel	W Piripi	H Rolleston-Gabel	M Peterson	K Rawiri	T Morete
22	11.15	Open Men	heat 1	E Reti	R Pehi	C Herbert	R Reti	S Clark	R Roulston			
23	11.20	Open Men	heat 2	S Herbert	D Collins	J Morunga	A Heihei	T Sissons	A Te Ahuahu	D Wikaira		
24	11.25	Open Men	heat 3	J Stewart	P Hayward	C Wikaira	R Gabel	J Reti	T Kingi			
10min break												

25	11.35	Open Women	heat 1	S Gabel-Teevale	C Gabel	J Wikaira	C Gabel-Davis	A Hotere-Thompson	M Eruera	J Cameron	N Pehi	M Sissons
26	11.40	Open Women	heat 2	W Piripi	I Moses	W Teriaki-Heemi	R Francis	S Herzog-Bell	R King	H King	T Stowers	M Morete
27	11.45	Open Women	heat 3	C Reti	T Reti	K Noa	T Piripi	Z Wikaira	H Brown	A Pou-Haereiti	H Rolleston-Gabel	H Gabel
28	11.50	Open Women	heat 4	J Davis	T Morete	G Williams	T Apiata	C Reti	J Heta	S Hill	M Rudolph	
		15min break										
29	12.05	J19 Women	final									
30	12.10	Open Men	semi 1									
31	12.15	Open Men	semi 2									
32	12.20	Open Women	semi 1									
33	12.25	Open Women	semi 2									
		10min break										
34	12.35	Open Men	final									
35	12.40	Open Women	final									